



INDIVIUDAL BOXED LUNCHES

May 11 th	May 12 th	May 13 th	May 14 th	May 15 th
Pasta & American	Spanish & Chinese	BBQ & Japanese	American & Italian	Burgers & Chinese
<p><u>Protein Box:</u> Pasta</p> <p>Spaghetti & Meatballs <i>Served with roasted vegetables</i></p> <p><u>Protein Box:</u> American</p> <p>Fried Chicken <i>Served garlic mashed potatoes & roasted carrots</i></p> <p><u>Vegetarian Box:</u> Pasta</p> <p>Pesto Tortellini <i>Served with roasted vegetables</i></p> <p><u>Salad</u></p> <p>Southwest Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Turkey Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Spanish</p> <p>Char Grilled Steak <i>Served with pinto beans & cilantro rice</i></p> <p><u>Protein Box:</u> Chinese</p> <p>Kung Pao Chicken <i>Served with steamed white rice & spicy Szechuan green beans</i></p> <p><u>Vegetarian Box:</u> Spanish</p> <p>Vegetarian Enchiladas <i>Served with pinto beans & cilantro rice</i></p> <p><u>Salad</u></p> <p>Chopped Asian Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Chicken & Prosciutto Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> BBQ</p> <p>BBQ Brisket <i>Served with mashed potatoes, grilled corn, cauliflower, red bell peppers, & onions</i></p> <p><u>Protein Box:</u> Japanese</p> <p>Teriyaki Grilled Chicken <i>Served with steamed white rice & steamed vegetables</i></p> <p><u>Vegetarian Box:</u> BBQ</p> <p>Beyond BBQ Chicken <i>Served with mashed potatoes, grilled corn, cauliflower, red bell peppers, & onions</i></p> <p><u>Salad</u></p> <p>Caesar Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Salami & Ham Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> American</p> <p>Ribs and Mac & Cheese <i>Served with brussels sprouts</i></p> <p><u>Protein Box:</u> Italian</p> <p>Chicken Marsala <i>Served with mashed potatoes & grilled vegetables</i></p> <p><u>Vegetarian Box:</u> Italian</p> <p>Mushroom Ravioli <i>Served with grilled vegetable</i></p> <p><u>Salad</u></p> <p>Spinach Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Chicken Pesto Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Burgers</p> <p>Crispy Chicken Burgers <i>Served with lettuce, tomatoes, onions, brioche bun, & seasoned waffle fries</i></p> <p><u>Protein Box:</u> Chinese</p> <p>Beef & Broccoli <i>Served with steamed white rice & spicy Szechuan green beans</i></p> <p><u>Vegetarian Box:</u> Burgers</p> <p>Vegan Garden Burger <i>Served with lettuce, tomatoes, onions, vegan cheese, vegan ciabatta bread, & seasoned waffle fries</i></p> <p><u>Salad</u></p> <p>Chinese Chicken Salad</p> <p><u>Sandwich</u></p> <p>Turkey Sandwich <i>Served with side salad</i></p>

May 18 th	May 19 th	May 20 th	May 21 st	May 22 nd
Peruvian & Thai	California & Korean	Burrito Bowls & Italian	American & Chinese	Burgers & Wings
<p><u>Protein Box:</u> Peruvian</p> <p>Peruvian Cilantro Chicken <i>Served with cilantro rice & roasted marble potatoes, green beans, tomatoes, onions & peppers</i></p> <p><u>Protein Box:</u> Thai</p> <p>Crispy Thai Chicken <i>Served with Thai fried rice & stir-fried vegetables</i></p> <p><u>Vegetarian Box:</u> Peruvian</p> <p>Tofu Saltado <i>Served with cilantro rice & roasted marble potatoes, green beans, tomatoes, onions & peppers</i></p> <p><u>Salad</u></p> <p>Fennel & Orange Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Ham & Cheese Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Korean</p> <p>Korean Chicken <i>Served with steamed white rice, and sautéed spinach with garlic and chili's</i></p> <p><u>Protein Box:</u> California</p> <p>Roasted Rosemary Beef <i>Served with mashed potatoes & sautéed green beans</i></p> <p><u>Vegetarian Box:</u> Korean</p> <p>Baked Korean Tofu & Green Beans <i>Served with steamed white rice, and sautéed spinach with garlic and chili's</i></p> <p><u>Salad</u></p> <p>Mango Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Roast Beef Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Burrito Bowls</p> <p>Beef Barbacoa <i>Served Spanish rice, black beans, & roasted spiced vegetables</i></p> <p><u>Protein Box:</u> Italian</p> <p>Chicken Picatta <i>Served with mashed potatoes, and roasted carrots & brussels sprouts</i></p> <p><u>Vegetarian Box:</u> Burrito Bowls</p> <p>Tofu Soffritas <i>Served Spanish rice, black beans, & roasted spiced vegetables</i></p> <p><u>Salad</u></p> <p>Italian Chopped Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Turkey Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> American</p> <p>Glazed BBQ Meatloaf <i>Served with mashed potatoes & roasted vegetables</i></p> <p><u>Protein Box:</u> Chinese</p> <p>Orange Chicken <i>Served with fried rice & steamed vegetables</i></p> <p><u>Vegetarian Box:</u> American</p> <p>Penne Pasta with Mushroom Bolognese <i>Served with roasted vegetable</i></p> <p><u>Salad</u></p> <p>Oriental Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Salami & Provolone Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Burgers</p> <p>Angus Beef Burgers <i>Served with lettuce, tomatoes, onions, American cheese, brioche bun, & crispy onion rings</i></p> <p><u>Protein Box:</u> Wings</p> <p>Crispy Lemon Pepper Wings <i>Served roasted potato wedges</i></p> <p><u>Vegetarian Box:</u> Burgers</p> <p>Vegan Garden Burger <i>Served with lettuce, tomatoes, onions, vegan cheese, vegan ciabatta bread, & crispy onion rings</i></p> <p><u>Salad</u></p> <p>Caesar Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Turkey Sandwich <i>Served with side salad</i></p>

May 25 th	May 26 th	May 27 th	May 28 th	May 29 th
American & Japanese	Indian & Mexican	French & BBQ	Italian & Chinese	Thai & California
<p><u>Protein Box:</u> American</p> <p>Sweet Honey BBQ Meatballs <i>Served with Cajun potato wedges & roasted brussels sprouts</i></p> <p><u>Protein Box:</u> Japanese</p> <p>Mirin Braised Chicken <i>Served with steamed white rice, and sautéed broccoli, carrots, & edamame</i></p> <p><u>Vegetarian Box:</u> Japanese</p> <p>Beyond Mirin Chicken <i>Served with steamed white rice, and sautéed broccoli, carrots, & edamame</i></p> <p><u>Salad</u></p> <p>Greens & Apples Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Turkey Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Indian</p> <p>Chicken Tikka Masala <i>Served with basmati rice, & curry roasted cauliflower</i></p> <p><u>Protein Box:</u> Mexican</p> <p>Pollo Asado <i>Served with Spanish rice and vegetable fajitas</i></p> <p><u>Vegetarian Box:</u> Mexican</p> <p>Chipotle Roasted Tofu <i>Served with Spanish rice and vegetable fajitas</i></p> <p><u>Salad</u></p> <p>Greek Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Roast Beef Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> French</p> <p>Chicken Cordon Bleu <i>Served with creamy mashed potatoes and rosemary roasted root vegetables</i></p> <p><u>Protein Box:</u> BBQ</p> <p>Beef Brisket <i>Served with macaroni & cheese, and roasted potatoes</i></p> <p><u>Vegetarian Box:</u> BBQ</p> <p>Baked BBQ Tofu <i>Served with macaroni & cheese, and roasted potatoes</i></p> <p><u>Salad</u></p> <p>Beet & Arugula Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Chicken & Prosciutto Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Italian</p> <p>Traditional Beef Lasagna</p> <p><u>Protein Box:</u> Chinese</p> <p>Spicy Garlic Beef <i>Served with steamed white rice & stir-fried mixed vegetables</i></p> <p><u>Vegetarian Box:</u> Italian</p> <p>Italian Vegetarian Stuffed Peppers <i>Served with garlic mashed potatoes, & roasted zucchini, peppers, & onions</i></p> <p><u>Salad</u></p> <p>Chinese Chopped Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Ham & Cheese Sandwich <i>Served with side salad</i></p>	<p><u>Protein Box:</u> Thai</p> <p>Thai Peanut Chicken <i>Served with coconut rice and Thai spice roasted vegetables</i></p> <p><u>Protein Box:</u> California</p> <p>Thyme Roasted Leg of Lamb <i>Served with mixed wild rice and lemon roasted purple cauliflower</i></p> <p><u>Vegetarian Box:</u> California</p> <p>Thyme Roasted Tofu <i>Served with mixed wild rice and lemon roasted purple cauliflower</i></p> <p><u>Salad</u></p> <p>Crunchy Thai Salad <i>(With Side of Chicken as Option)</i></p> <p><u>Sandwich</u></p> <p>Chicken Pesto Sandwich <i>Served with side salad</i></p>