

# SVCC

SEPTEMBER MENU

INDIVIUDAL BOXED LUNCHES



AUGUST 31 <sup>st</sup>	SEPTEMBER 1 <sup>st</sup>	SEPTEMBER 2 <sup>nd</sup>	SEPTEMBER 3 <sup>rd</sup>	SEPTEMBER 4 <sup>th</sup>
		<b>LUNCH</b>		
<b>Lunch: FRENCH</b>	<b>Lunch: MEXICAN</b>	<b>Lunch: INDIAN</b>	<b>Lunch: THAI</b>	<b>Lunch: INDIAN</b>
<b>Beef Bourguignon</b> <i>Served with Mashed Potatoes</i>	<b>Pollo Asado</b> <i>Served with Rice, Beans &amp; Corn Tortillas</i>	<b>Tandoori Chicken</b> <i>Served with Aloo Gobi &amp; Mixed Veggie Pulao</i>	<b>Kaffir Lime Chicken</b> <i>Served with Stir Fried Vegetables &amp; Pineapple Fried Rice</i>	<b>Chicken Curry</b> <i>Vegetable Biryani &amp; Avial</i>
<b>(Vegetarian/Vegan)</b> <b>Beyond Beef Bourguignon</b> <i>Served with Mashed Potatoes</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Pollo Asado</b> <i>Served with Rice, Beans &amp; Corn Tortillas</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Tandoori Chicken</b> <i>Served with Aloo Gobi &amp; Mixed Veggie Pulao</i>	<b>(Vegetarian/Vegan)</b> <b>Kaffir Lime Tofu</b> <i>Served with Stir Fried Vegetables &amp; Pineapple Fried Rice</i>	<b>(Vegetarian/Vegan)</b> <b>) Tofu Curry</b> <i>Vegetable Biryani &amp; Avial</i>
		<b>DINNER</b>		
<b>Dinner: ITALIAN</b>	<b>Dinner: AMERICAN</b>	<b>Dinner: MEXICAN</b>	<b>Dinner: ARGENTINIAN</b>	<b>Dinner: HAWAIANN</b>
<b>Chicken Alfredo Penne Pasta</b>	<b>Pan Seared Tilapia</b> <i>Served with Miso Glaze, Polenta Cake, Spinach &amp; Onions</i>	<b>Al Pastor Burritos</b> <i>Served with Chips &amp; Salsa</i>	<b>Asado Argentino</b> <i>Served with Papas Rostisadas and Vegetales a la Parilla</i>	<b>Huli-Huli Chicken</b> <i>Served with Macaroni Salad &amp; Rice</i>
<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Chicken Alfredo Penne Pasta</b>	<b>(Vegetarian/Vegan)</b> <b>Pan Seared Fishless Fillets</b> <i>Served with Miso Glaze, Polenta Cake, Spinach &amp; Onions</i>	<b>(Vegetarian/Vegan)</b> <b>Vegetarian Burrito</b> <i>Served with Chips &amp; Salsa</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Asado Argentino</b> <i>Served with Papas Rostisadas and Vegetales a la Parilla</i>	<b>(Vegetarian/Vegan)</b> <b>Huli-Huli Chicken</b> <i>Served with Macaroni Salad &amp; Rice</i>

SEPTEMBER 7 <sup>th</sup>	SEPTEMBER 8 <sup>th</sup>	SEPTEMBER 9 <sup>th</sup>	SEPTEMBER 10 <sup>th</sup>	SEPTEMBER 11 <sup>th</sup>
		<b>LUNCH</b>		
<b>Lunch: MEXICAN</b>	<b>Lunch: Mediterranean</b>	<b>Lunch: Chinese</b>	<b>Lunch: Peruvian</b>	<b>Lunch: Spanish</b>
<b>Beef Fajitas</b> <i>Served with Black Beans &amp; Arroz con Verduras</i>	<b>Chicken Skewers</b> <i>Served with Wild Rice &amp; Mixed Vegetables</i>	<b>Kung Pao Chicken</b> <i>Served with Steamed White Rice &amp; Vegetables</i>	<b>Chili Verde Pork</b> <i>Served with Pinto Beans &amp; Steamed White Rice</i>	<b>Pollo Al Ajillo</b> <i>Patatas Bravas &amp; Grilled Vegetables</i>
<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Chicken Fajitas</b> <i>Served with Black Beans &amp; Arroz con Verduras</i>	<b>(Vegetarian/Vegan)</b> <b>Vegetarian Skewers</b> <i>Served with Wild Rice &amp; Mixed Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Kung Pao Chicken</b> <i>Served with Aloo Gobi &amp; Mixed Veggie Pulao</i>	<b>(Vegetarian/Vegan)</b> <b>Chile Verde Tofu</b> <i>Served with Pinto Beans &amp; Steamed White Rice</i>	<b>(Vegetarian/Vegan)</b> <b>Summer Squash Paella</b>
		<b>DINNER</b>		
<b>Dinner: Sandwiches</b>	<b>Dinner: American</b>	<b>Dinner: Italian</b>	<b>Dinner: BBQ</b>	<b>Dinner: Southern</b>
<b>Philly Cheese Steak Sandwich</b> <i>Served with Steak Fries</i>	<b>Fish &amp; Chips</b> <i>Served with Fries &amp; Coleslaw</i>	<b>Pork Scallopini</b> <i>Served with Mashed Potatoes</i>	<b>BBQ Beef Brisket</b> <i>Served with Garlic Thyme Mashed Potatoes &amp; Grilled Corn</i>	<b>Smothered Pork Chops</b> <i>Served with Mashed Potatoes &amp; Caramelized Brussels Sprouts</i>
<b>(Vegetarian/Vegan)</b> <b>Beyond Beef Philly Cheese Sandwich</b> <i>Served with Steak Fries</i>	<b>(Vegetarian/Vegan)</b> <b>Fishless Fillets &amp; Chips</b> <i>Served with Fries &amp; Coleslaw</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Chicken Scallopini</b> <i>Served with Mashed Potatoes</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat BBQ Sausages</b> <i>Served with Garlic Thyme Mashed Potatoes &amp; Grilled Corn</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Cajun Sausage Fettuccini</b> <i>Served with Mashed Potatoes &amp; Caramelized Brussels Sprouts</i>

SEPTEMBER 14 <sup>th</sup>	SEPTEMBER 15 <sup>th</sup>	SEPTEMBER 16 <sup>th</sup>	SEPTEMBER 17 <sup>th</sup>	SEPTEMBER 18 <sup>th</sup>
		<b>LUNCH</b>		
<b>Lunch: AMERICAN</b>	<b>Lunch: Mexican</b>	<b>Lunch: Indian</b>	<b>Lunch: Burgers</b>	<b>Lunch: Indian</b>
<b>Spinach &amp; Artichoke Chicken</b> <i>Served with Rice Pilaf &amp; Roasted Green Beans &amp; Zucchini</i>	<b>Grilled Steak</b> <i>Served with Pinto Beans &amp; Arroz Rojo</i>	<b>Butter Chicken Chicken</b> <i>Served with Saffron Rice &amp; Turmeric Cauliflower &amp; Naan</i>	<b>Angus Beef Burgers</b> <i>Served with Waffle Fries</i>	<b>Chicken Tikka Masala</b> <i>Vegetable Biryani &amp; Garam Masala Roasted Vegetables</i>
<b>(Vegetarian/Vegan)</b> <b>Mushroom Casserole</b> <i>Served with Rice Pilaf &amp; Roasted Green Beans &amp; Zucchini</i>	<b>(Vegetarian/Vegan)</b> <b>Vegetarian Enchiladas</b> <i>Served with Pinto Beans &amp; Arroz Rojo</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Butter Chicken</b> <i>Served with Saffron Rice &amp; Turmeric Cauliflower &amp; Naan</i>	<b>(Vegetarian/Vegan)</b> <b>Garden Burgers</b> <i>Served with Waffle Fries</i>	<b>(Vegetarian/Vegan)</b> <b>Tofu Tikka Masala</b> <i>Vegetable Biryani &amp; Garam Masala Roasted Vegetables</i>
		<b>DINNER</b>		
<b>Dinner: Chinese</b>	<b>Dinner: Peruvian</b>	<b>Dinner: Mexican</b>	<b>Dinner: Japanese</b>	<b>Dinner: American</b>
<b>Black Pepper Beef</b> <i>Served with Fried Rice and Steamed Vegetables</i>	<b>Adobo Chicken</b> <i>Served with Cilantro Rice &amp; Mixed Vegetables</i>	<b>Shredded Guajillo Beef Enchiladas</b> <i>Served with Pinto Beans &amp; Arroz Rojo</i>	<b>Chicken Teriyaki</b> <i>Served with Steamed White Rice &amp; Steamed Vegetables</i>	<b>BBQ Glazed Meatballs</b> <i>Served with Parmesan Potatoes &amp; Roasted Green Beans with Shallots</i>
<b>(Vegetarian/Vegan)</b> <b>Black Pepper Tofu</b> <i>Served with Fried Rice and Steamed Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Adobo Chicken</b> <i>Served with Cilantro Rice &amp; Mixed Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Vegetarian Chile Relleno</b> <i>Served with Pinto Beans &amp; Arroz Rojo</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Chicken Teriyaki</b> <i>Served with Steamed White Rice &amp; Steamed Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Beef BBQ Glazed Meatballs</b> <i>Served with Parmesan Potatoes &amp; Roasted Green Beans with Shallots</i>



SEPTEMBER 21 <sup>st</sup>	SEPTEMBER 22 <sup>nd</sup>	SEPTEMBER 23 <sup>rd</sup>	SEPTEMBER 24 <sup>th</sup>	SEPTEMBER 25 <sup>th</sup>
		<b>LUNCH</b>		
<b>Lunch: Mexican</b>	<b>Lunch: Italian</b>	<b>Lunch: American</b>	<b>Lunch: California</b>	<b>Lunch: Burgers</b>
<b>Milanesa de Pollo</b> <i>Served with Refried Beans &amp; Spanish Rice</i>	<b>Garlic Parmesan Chicken Lasagna</b>	<b>Worcestershire Glazed Meatloaf</b> <i>Served with Mashed Potatoes &amp; Roasted Vegetables</i>	<b>Pork Chops with Squash &amp; Bell Peppers</b> <i>Served with Mashed Potatoes &amp; Grilled Asparagus &amp; Mushrooms</i>	<b>Crispy Chicken Burgers</b> <i>Served with Tater Tots</i>
<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Chicken Milanesa de Pollo</b> <i>Served with Refried Beans &amp; Spanish Rice</i>	<b>(Vegetarian/Vegan)</b> <b>Beyond Meat Chicken Lasagna</b>	<b>(Vegetarian/Vegan)</b> <b>Worcestershire Glazed Beyond Beef Meatloaf</b> <i>Served with Mashed Potatoes &amp; Roasted Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Kaffir Lime Tofu</b> <i>Served with Stir Fried Vegetables &amp; Pineapple Fried Rice</i>	<b>(Vegetarian/Vegan)</b> <b>Vegetarian Burgers</b> <i>Served with Tater Tots</i>
		<b>DINNER</b>		
<b>Dinner: Thai</b>	<b>Dinner: Southern</b>	<b>Dinner: Jamaican</b>	<b>Dinner: Indian</b>	<b>Dinner: Italian</b>
<b>Sriracha Beef &amp; Baby Corn Stir Fry</b> <i>Served with Garlic &amp; Dried Chili Rice &amp; Ginger &amp; Thai Basil Steamed Vegetables</i>	<b>Fried Fish</b> <i>Served with Mashed Potatoes &amp; Cajun Spiced Roasted Vegetables</i>	<b>Jerk Chicken</b> <i>Served with Dirty Rice &amp; Grilled Corn with Sweet Potatoes</i>	<b>Madras Beef Curry</b> <i>Served with Lemon Rice &amp; Spiced Roasted Zucchini &amp; Potatoes</i>	<b>Chicken Marsala</b> <i>Served with Mashed Potatoes &amp; Mixed Vegetables</i>
<b>(Vegetarian/Vegan)</b> <b>Sriracha Tofu &amp; Baby Corn Stir Fry</b> <i>Served with Garlic &amp; Dried Chili Rice &amp; Ginger &amp; Thai Basil Steamed Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Fried Fishless Fillets</b> <i>Served with Mashed Potatoes &amp; Cajun Spiced Roasted Vegetables</i>	<b>(Vegetarian/Vegan)</b> <b>Jerk Tofu</b> <i>Served with Dirty Rice &amp; Grilled Corn with Sweet Potatoes</i>	<b>(Vegetarian/Vegan)</b> <b>Madras Tofu Curry</b> <i>Served with Lemon Rice &amp; Spiced Roasted Zucchini &amp; Potatoes</i>	<b>(Vegetarian/Vegan)</b> <b>Mushroom Ravioli</b>

SEPTEMEBER 28 <sup>th</sup>	SEPTEMEBER 29 <sup>th</sup>	SEPTEMBER 30 <sup>th</sup>
		<b>LUNCH</b>
<b>Lunch: BBQ</b>	<b>Lunch: American</b>	<b>Lunch: Peruvian</b>
<p style="text-align: center;"><b>Ancho Chili Baby Back Ribs</b>  <i>Served with Mashes Potatoes &amp; Grilled Red Onions, Jalapeños, Asparagus &amp; Tri Colored Bell Peppers</i></p>	<p style="text-align: center;"><b>Broccoli &amp; Cheddar Stuffed Chicken Breasts</b>  <i>Served with Red Mashed Potatoes &amp; Roasted Carrots &amp; Brussels Sprouts with Shallots</i></p>	<p style="text-align: center;"><b>Lomo Saltado</b>  <i>Served with Creamy Coconut Rice &amp; Roasted Green Beans, Cherry Tomatoes &amp; Zucchini</i></p>
<p style="text-align: center;"><b>(Vegetarian/Vegan)</b>  <b>Quinoa Stuffed Zucchini Boats</b>  <i>Served with Mashes Potatoes &amp; Grilled Red Onions, Jalapeños, Asparagus &amp; Tri Colored Bell Peppers</i></p>	<p style="text-align: center;"><b>(Vegetarian/Vegan)</b>  <b>Beyond Meat Sausages with Onions &amp; Bell Peppers</b></p>	<p style="text-align: center;"><b>(Vegetarian/Vegan)</b>  <b>Tofu Saltado</b>  <i>Served with Creamy Coconut Rice &amp; Roasted Green Beans, Cherry Tomatoes &amp; Zucchini</i></p>
		<b>DINNER</b>
<b>Dinner: Burrito Bowls</b>	<b>Dinner: Italian</b>	<b>Dinner: Chinese</b>
<p style="text-align: center;"><b>Garlic Lime Grilled Chicken with Achiote Paste</b>  <i>Served with Cilantro Rice &amp; Black Beans, Chips &amp; Salsa</i></p>	<p style="text-align: center;"><b>Sage &amp; Rosemary Baked Chicken</b>  <i>Served with Mashed Potatoes &amp; Roasted Seasonal Vegetables</i></p>	<p style="text-align: center;"><b>Orange Chicken</b>  <i>Served with Steamed White Rice &amp; Steamed Mixed Vegetables</i></p>
<p style="text-align: center;"><b>(Vegetarian/Vegan)</b>  <b>Spicy Chipotle Tofu Sofritas</b>  <i>Served with Cilantro Rice &amp; Black Beans, Chips &amp; Salsa</i></p>	<p style="text-align: center;"><b>(Vegetarian/Vegan)</b>  <b>Beyond Meat Sage &amp; Rosemary Baked Chicken</b>  <i>Served with Mashed Potatoes &amp; Roasted Seasonal Vegetables</i></p>	<p style="text-align: center;"><b>(Vegetarian/Vegan)</b>  <b>Orange Tofu</b>  <i>Served with Steamed White Rice &amp; Steamed Mixed Vegetables</i></p>