



January Menu

INDIVIDUAL BOXED LUNCHES



Jan 4 th	Jan 5 th	Jan 6 th	Jan 7 th	Jan 8 th
American	Indian	Italian	Chinese	BBQ
Roasted Chicken Wings <i>Served with Macaroni & Cheese & Mixed Vegetables</i>	Chicken Curry <i>Served with Vegetable Biryani & Avial</i>	Chicken Scallopini <i>Served with Mashed Potatoes & Vegetables</i>	Beef & Broccoli <i>Served with Steamed White Rice & Steamed Vegetables</i>	Beef Brisket <i>Served with Mashed Potatoes & Vegetables</i>
(Vegetarian/Vegan) Beyond Chicken <i>Served with Macaroni & Cheese & Mixed Vegetables</i>	(Vegetarian/Vegan) Tofu Curry <i>Served with Vegetable Biryani & Avial</i>	(Vegetarian/Vegan) Beyond Chicken Scallopini <i>Served with Mashed Potatoes & Vegetables</i>	(Vegetarian/Vegan) Beyond Beef & Broccoli <i>Served with Steamed White Rice & Steamed Vegetables</i>	(Vegetarian/Vegan) BBQ Tofu <i>Served with Mashed Potatoes & Vegetables</i>
French	Mexican	Chinese	Mediterranean	American
Beef Bourguignon <i>Served with Mashed Potatoes</i>	Al Pastor Burritos <i>Served with Chips & Salsa</i>	Beef & Broccoli <i>Served with Steamed White Rice & Steamed Vegetables</i>	Chicken Skewers <i>Served with Wild Rice & Vegetables</i>	Chicken Burrito Bowl <i>Served with Cilantro Rice & Black Beans</i>
(Vegetarian/Vegan) Beyond Beef Bourguignon <i>Served with Mashed Potatoes</i>	(Vegetarian/Vegan) Ground Beyond Beef Burritos <i>Served with Chips & Salsa</i>	(Vegetarian/Vegan) Beyond Beef & Broccoli <i>Served with Steamed White Rice & Steamed Vegetables</i>	(Vegetarian/Vegan) Vegetable Skewers <i>Served with Wild Rice & Vegetables</i>	(Vegetarian/Vegan) Vegetarian Burrito Bowl <i>Served with Cilantro Rice & Black Beans</i>

Jan 11 th	Jan 12 th	Jan 13 th	Jan 14 th	Jan 15 th
Mexican	Japanese	Burgers	Italian	Mexican
Pollo Asado <i>Served with Pinto Beans & Cilantro Rice</i>	Chicken Teriyaki <i>Served with Steamed White Rice & Steamed Vegetables</i>	Angus Beef Burgers <i>Served with French Fries</i>	Chicken Alfredo <i>Served with Broccoli & Garlic Bread</i>	Beef Fajitas <i>Served with Black Beans & Spanish Rice</i>
(Vegetarian/Vegan) Beyond Meat Pollo Asado <i>Served with Pinto Beans & Cilantro Rice</i>	(Vegetarian/Vegan) Beyond Chicken Teriyaki <i>Served with Steamed White Rice & Steamed Vegetables</i>	(Vegetarian/Vegan) Grilled Garden Burgers <i>Served with French Fries</i>	(Vegetarian/Vegan) Beyond Chicken Penne Pasta <i>Served with Broccoli & Garlic Bread</i>	(Vegetarian/Vegan) Beyond Beef Fajitas <i>Served with Black Beans & Spanish Rice</i>
Mediterranean	Burgers	Italian	Mexican	Jamaican
Beef Kebob <i>Served with steamed white rice & steamed vegetables</i>	Angus Beef Burgers <i>Served with French Fries</i>	Chicken Alfredo <i>Served with Broccoli & Garlic Bread</i>	Shrimp Enchiladas <i>Served with Pinto Beans & Arroz Colorado</i>	Jerk Chicken <i>Served with Rice & Beans & Grilled Corn</i>
(Vegetarian/Vegan) Beyond Meat Teriyaki Grilled Chicken <i>Served with steamed white rice & steamed vegetables</i>	(Vegetarian/Vegan) Grilled Garden Burgers <i>Served with French Fries</i>	(Vegetarian/Vegan) Beyond Chicken Penne Pasta <i>Served with Broccoli & Garlic Bread</i>	(Vegetarian/Vegan) Beyond Beef Enchiladas <i>Served with Pinto Beans & Arroz Colorado</i>	(Vegetarian/Vegan) Beyond Chicken <i>Served with Rice & Beans & Grilled Corn</i>

Jan 18 th	Jan 19 th	Jan 20 th	Jan 21 st	Jan 22 nd
Sandwiches	Spanish	Chinese	Southern	Burgers
Grilled Chicken Sandwich <i>Seamed with French Fries</i>	Pollo al Ajillo <i>Served with Patatas Bravas & Mixed Grilled Vegetables</i>	Orange Chicken <i>Served with Steamed Rice & Spicy Garlic Vegetables</i>	BBQ Ribs <i>Served with Mashed Potatoes & Mixed Vegetables</i>	Crispy Chicken Burgers <i>Served with French Fries</i>
(Vegetarian/Vegan) Grilled Beyond Chicken Sandwich <i>Seamed with French Fries</i>	(Vegetarian/Vegan) Beyond Meat Pollo al Ajillo <i>Served with Patatas Bravas & Mixed Grilled Vegetables</i>	(Vegetarian/Vegan) Orange Tofu <i>Served with Steamed Rice & Spicy Garlic Vegetables</i>	(Vegetarian/Vegan) BBQ Beyond Meat Meatballs <i>Served with Mashed Potatoes & Mixed Vegetables</i>	(Vegetarian/Vegan) Vegetarian Burgers <i>Served with French Fries</i>
Peruvian	Thai	Southern	Italian	Japanese
Chili Verde Pork <i>Served with Baby Lima Beans & Mixed Vegetables</i>	Creamy Thai Peanut Chicken <i>Served with Garlic & Dried Chili Rice & Ginger Basil Vegetables</i>	BBQ Ribs <i>Served with Mashed Potatoes & Mixed Vegetables</i>	Spaghetti & Meatballs <i>Served with Garlic Bread</i>	Chicken Katsu <i>Served with Steamed Rice & Vegetables</i>
(Vegetarian/Vegan) Tofu Chili Verde <i>Served with Baby Lima Beans & Mixed Vegetables</i>	(Vegetarian/Vegan) Creamy Thai Peanut Tofu <i>Served with Garlic & Dried Chili Rice & Ginger Basil Vegetables</i>	(Vegetarian/Vegan) BBQ Beyond Meat Meatballs <i>Served with Mashed Potatoes & Mixed Vegetables</i>	(Vegetarian/Vegan) Penne Pasta <i>Served with Mixed Vegetables</i>	(Vegetarian/Vegan) Tofu Katsu <i>Served with Steamed Rice & Vegetables</i>

Jan 25 th	Jan 26 th	Jan 27 th	Jan 28 th	Jan 29 th
American	Mexican	Italian	Mediterranean	Korean
Spinach & Artichoke Chicken <i>Served with Roasted Carrots & Green Beans</i>	Chicken Fajitas <i>Served with Arroz con Verduras & Pinto Beans</i>	Meat Lasagna <i>Served with Mixed Roasted Vegetables</i>	Beef Shawarma <i>Served with Saffron Rice & Vegetables</i>	Korean BBQ Ribs <i>Served with White Rice & Vegetables</i>
(Vegetarian/Vegan) Spinach & Artichoke Beyond Chicken <i>Served with Roasted Carrots & Green Beans</i>	(Vegetarian/Vegan) Beyond Chicken Fajitas <i>Served with Arroz con Verduras & Pinto Beans</i>	(Vegetarian/Vegan) Grilled Vegetable Lasagna <i>Served with Arroz con Verduras & Pinto Beans</i>	(Vegetarian/Vegan) Beyond Beef Shawarma <i>Served with Saffron Rice & Vegetables</i>	(Vegetarian/Vegan) Korean Style Tofu <i>Served with Steamed White Rice & Vegetables</i>
Mexican	Korean	Mediterranean	Peruvian	Italian
Chicken Fajitas <i>Served with Arroz con Verduras & Pinto Beans</i>	Korean Ribs <i>Served with White Rice & Vegetables</i>	Beef Shawarma <i>Served with Saffron Rice & Vegetables</i>	Lomo Saltado <i>Served with White Rice & Vegetables</i>	Meat Lasagna <i>Served with Mixed Vegetables</i>
(Vegetarian/Vegan) Beyond Chicken Fajitas <i>Served with Arroz con Verduras & Pinto Beans</i>	(Vegetarian/Vegan) Korean Tofu <i>Served with White Rice & Vegetables</i>	(Vegetarian/Vegan) Beyond Beef Shawarma <i>Served with Saffron Rice & Vegetables</i>	(Vegetarian/Vegan) Beyond Beef Lomo Saltado <i>Served with White Rice & Vegetables</i>	(Vegetarian/Vegan) Grilled Vegetable Lasagna <i>Served with Mixed Vegetables</i>